# RESOURCES FOR JOB SEEKERS



The global recession has hit Connecticut. Many families are worried about layoffs and how they'll make ends meet. In these difficult times, there is assistance available. On the back of this postcard is a list of services and contact information that might be useful to you, a family member, a friend or neighbor. Should you need further assistance, please don't hesitate to contact my office.

**Employment Information Online** www.senatedems.ct.gov/Jobs



Legislative Office Building, Room 1800 Hartford, Connecticut 06106-1591

Capitol: 1-800-842-1420 E-mail: Hartley@senatedems.ct.gov Web: SenatorHartley.cga.ct.gov

**State Senator** 

Joan Hartley

Representing Naugatuck, Prospect and Waterbury

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# State Senator Joan Hartley's RESOURCES FOR JOB SEEKERS

Web site links relating to many of the programs on this page can be found at www.senatedems.ct.gov/Jobs

#### **CTWorks Career Centers**

A regional Career Center is located in Waterbury to provide guidance and services to those seeking employment. **437-3380** 

## **Career Express**

A mobile, one-stop career center providing job skills development services, including job search strategies, resume writing and critique, interviewing techniques and career exploration. **860-263-6018** 

#### **CT JobCentral**

An online job bank where individuals can search for jobs as well as upload their resume and access various employment-related information. www.jobcentral.org/ct

#### **CT Job and Career ConneCTion**

Online resource for individuals seeking employment by providing self-assessment tools to find the right occupation, general information about various careers and various links to search for jobs and employers.

www.ctiobandcareer.org

# **Unemployment Insurance**

For an in-depth explanation of unemployment insurance and benefits call the TeleBenefits number in Waterbury. **596-4140** 

#### **More Information Online**

One-stop source for additional links to the programs described here and additional employment search engines and job postings. www.senatedems.ct.gov/Jobs

## Where to Turn When Unemployed

The United Way of Connecticut has produced a document titled "Where to Turn in Connecticut When You Become Unemployed." It contains various resources for individuals who have just lost their jobs such as information regarding unemployment insurance, medical benefits, legal assistance, and help with job searches and money management. Contact my office at 1-800-842-1420 to receive this helpful publication or visit our Jobs Web page (see above) to download a copy.



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